



ACES

ADVERSE CHILDHOOD EXPERIENCES

KINGS COUNTY RESOURCES

WHAT ARE ACES?

Adverse Childhood Experiences, or **ACEs**, are traumatic events that happen when you're a kid. These experiences can develop into Toxic Stress which can have physical and mental effects on the body. Recognizing Toxic Stress can help break the cycle and promote children to grow up strong and healthy.



ACES IN KINGS COUNTY

You don't have to look too far to see the impact of ACEs on Kings County. Check out Youtube and Kings Partnership for Prosperity (KPPFP). You can also visit the [211 website](#).

ONLINE TRAININGS

ACEs are important to consider when we discuss the health and wellbeing of our children. Taking the time to learn how you can utilize these types of screenings in your work can make a huge difference.



Veto Violence

Virtual Trainings
CE Credits
Profession-Focused

ACEs Aware

Virtual Trainings
CE Credits
Special Topics

TAKE THE ACES QUIZ



Learning your Adverse Childhood Experiences (ACEs) score can help you understand the impact of childhood experiences on adult life. A high score does not determine a negative outcome, and with the right support, anyone can overcome ACEs and lead a happy, healthy life. Seeking help from a therapist or support group can be a great first step towards healing.

TOOLKITS AND OTHER RESOURCES

ACEs resources can be found through many organizations. Toolkits for screening, education, and implementation are available for free.



ACEs Aware

[California Department of Public Health](#)

[Center for Child Counseling](#).

[Centers for Disease Control and Prevention \(CDC\)](#)



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ACES VIDEOS

Kings County ACEs



Web address: <https://www.youtube.com/watch?v=rVychuMeM1s&t=142s>

CDC ACEs

Web address: <https://www.youtube.com/watch?v=8gm-lNpzU4g>



ONLINE TRAININGS

Veto Violence



Web address: <https://vetoviolenecdc.gov/apps/main/aces-resources>

ACEs Aware

Web address: <https://training.acesaware.org/aa/>



TOOLKITS AND OTHER RESOURCES

211 Kings County



Web address: <https://www.211kingscounty.org/stressrelief>

ACEs Network of Care (KPFP)

Web address: <https://www.kpfp.org/tiles/index/display?alias=kingscountyacesnetworkofcare>



ACEs Quiz



Web address: <https://stopabusecampaign.org/take-your-ace-test/>

ACEs Aware

Web address: <https://www.acesaware.org/resources/>



Centers for Disease Control (CDC)



Web address: <https://www.cdc.gov/aces/about/index.html>

California Department of Public Health

Web address:

<https://www.cdph.ca.gov/Programs/CFH/DMCAH/surveillance/Pages/Adverse-Childhood-Experiences.aspx>

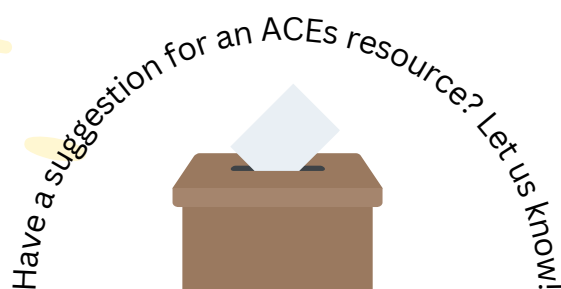


Center for Child Counseling



Web address:

<https://www.centerforchildcounseling.org/programs/fightingaces/acetoolkit/>



Submit it at: www.kcdph.com/contact

